



# Resource Guide

## Adventure Camps

Check out these other organizations that can help provide support on specific issues that impact the adolescent and young adult cancer community.

### Base2Summit



[cassiehinesshoescancer.org/camps/chscf-base2summit-camp/](http://cassiehinesshoescancer.org/camps/chscf-base2summit-camp/)

If you are between 18-39, have navigated a cancer diagnosis and are ready to spend a week with others like you, then you're ready for Base2Summit. B2S is designed to build meaningful connections while engaging in adventure based challenges intended to meet you at your "base" and guide you toward your "summit."

### Camp Kesem



[campkesem.org](http://campkesem.org)

Camp Kesem is a national non-profit organization that supports kids 6-18 who have been impacted by a parent's cancer, whether that parent/primary caregiver currently has cancer, is in remission, or passed away from cancer. Kesem is the largest national organization dedicated to supporting children impacted by a parent's cancer, at no cost to families. Our innovative and fun-filled programs provide children with peers who understand their unique needs, and create long-lasting impact.



[campdream.org](http://campdream.org)

### Camp Mak-A-Dream

A camp in Montana that provides a medically-supervised, cost-free experience for children, young adults and families affected by cancer.

### Casting for Recovery, Inc.



[castingforrecovery.org](http://castingforrecovery.org)

Casting for Recovery (CfR) provides healing outdoor retreats for women with breast cancer, at no cost to the participants. CfR's retreats offer opportunities for women to find inspiration, discover renewed energy for life, and experience healing connections with other women and nature. The retreats are open to women with breast cancer of all ages, in all stages of treatment and recovery. For over 20 years, women from all walks of life have benefitted from CfR's inspiring program model.



[epicexperience.org](http://epicexperience.org)

## Epic Experience

A non-profit camp in Colorado that gives adult cancer thrivers a chance to ski, paddle, and ride past those three words, "you have cancer."

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[firstdescents.org](http://firstdescents.org)

## First Descents

First Descents provides life-changing outdoor adventures for young adults impacted by cancer.

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[livebyliving.org](http://livebyliving.org)

## Live By Living

A non-profit in Colorado that offers guided outdoor adventures along the Denver area Front Range and in the central Colorado Rockies (hikes, ski tours, snowshoe tours, and overnight trips to cozy cabins).

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[stillwaterscancerretreat.org](http://stillwaterscancerretreat.org)

## Still Waters Cancer Retreat

At the intersection of faith and cancer, Still Waters provides a space for those touched by cancer to process, connect, and worship.

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[truenorthtreks.org](http://truenorthtreks.org)

## True North Treks

Dedicated to enriching the lives of adolescent and young adult cancer survivors through contemplative and outdoor-based activities.

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[youngadultcancer.ca](http://youngadultcancer.ca)

## Young Adult Cancer Canada

Online community forums, survivor retreats, discussion rooms, blogs and informational links for adolescents and young adults with cancer.