



Stupid Cancer's mission is to empower everyone affected by adolescent and young adult (AYA) cancer by ending isolation and building community. Together with our nonprofit partners, we seek to create an inclusive community of patients, survivors, caregivers, and professionals to end isolation for AYAs and make cancer suck less.

As an AYA patient, survivor, thriver, or however you see yourself in your cancer journey, you have the right to:

- Be listened to and heard when seeking a diagnosis and discussing treatment options.
- Understand your diagnosis, treatment, and the side effects you might expect and ways to manage those side effects.
- Ask for a second opinion at any time during your diagnosis and treatment.
- Feel comfortable and trusted in your care. There is nothing wrong with switching doctors.
- Have open conversations early in your treatment planning about the impact of your treatment on future fertility and a discussion about your fertility preservation options.
- Understand the financial impact of cancer treatment and receive information and support to help plan accordingly.
- Receive information about clinical trials that may be beneficial to your treatment and survivorship.
- Receive age appropriate discussions and support from a multi-disciplinary team including psychosocial support and palliative care, and be given resources to find more information when you need it.
- Be a part of your treatment decision-making. As a patient you have autonomy over your health and should be confident in your treatment options since they affect YOU.
- Have access to all treatment options regardless of your race, culture, religion, gender, sexual identity, ability, or socio-economic status.
- Seek support from other AYAs who *get it*.
- Look forward to a productive future.

We recommend:

- Connect with other AYAs.
- Bring a parent/friend/spouse with you to your doctor's appointments – it is a lot of information!
- Finding an outlet that helps you relax.
- Ask questions and speak up if the answers you receive are not clear to you.

Sincerely,

Stupid Cancer's Scientific Medical Advisory Board:

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Endorsing Organizations

13thirty Cancer Connect
b-present Foundation
CancerCare
Cancer and Careers
Cancer Dudes
Cancer Support Community
Cassie Hines Shoes Cancer Foundation
Cervivor
Connecting Champions
Escape
Family Reach
Fibrolamellar Cancer Foundation
First Descents
Gryt Health

Imerman Angels
I'm Not Done Yet Foundation
LLS
New Day Foundation
Smith Center for Healing and the Arts
Teen Cancer America
Tiger Lily
THANC Foundation
Triage Cancer
True North Treks
Ulman Foundation
Wellness House of Annapolis
Young Adult Survivors United
Young Survival Coalition