



Conference Agenda

THURSDAY, JUNE 9

- 1:00 pm - 5:00 pm
- 5:00 pm - 7:00 pm
- 6:00 pm - 7:30 pm

Activities & Workshops

Check back soon for more information & full schedule

Welcome Reception

Community Meetups

Smaller, intimate gatherings to meet your specific community.

- LGBTQ+ Meetup
- BIPOC Meetup
- Caregivers Meetup
- Pediatric Survivors Meetup

FRIDAY, JUNE 10

- 9:00 am - 12:00 pm
- 2:00 pm - 3:15 pm
- 3:30 pm - 5:00 pm
- 5:00 pm - 6:30 pm

Activities & Workshops

Check back soon for more information & full schedule

General Session

Official Kick Off to CancerCon Live 2022

Breakout 1*

- A Hidden Pandemic: Black Grief in the Oncology Setting
- Caring Community: Building Support for Caregivers
- Loving Your Body: Finding Acceptance After "Betrayal"
- Self-Advocacy 101: Play an Active Role in Your Cancer Care

Reception with Exhibitors

Session times and schedule are subject to change. All times in Central Time.

*See Pages 4 - 9 for session descriptions.



SATURDAY, JUNE 11

8:00 am - 9:00 am

Breakfast with Exhibitors

9:15 am - 10:15 am

General Session

10:30 am - 12:00 pm

Breakout 2*

- ...And Now I Go Back to Work? Communicating Effectively in the Workplace
- Cancer as Work: A Space for Nonprofit & Healthcare Professionals
- From Day One: Planning Your Survivorship Care
- Man Enough for Cancer? Transcending Toxic Masculinity & Finding Support

12:15 pm - 1:15 pm

Lunch with Exhibitors

2:00 pm - 3:30 pm

Breakout 3*

- Anticipatory Grief
- Cancer in the Bedroom: Sex & Intimacy
- Coping with Loneliness, Fear, & Anxiety

4:00 pm - 5:30 pm

Breakout 4*

- Finding Meaning & Creating Legacy
- Healing from Post-Traumatic Stress Disorder: Trauma Therapy, Post-Traumatic Growth, Psychedelics & More
- Understanding Your Rights and Advocating for Yourself as an LGBTQI2S+ Cancer Patient

Session times and schedule are subject to change. All times in Central Time.

*See Pages 4 - 9 for session descriptions.



SATURDAY, JUNE 11

5:30 pm - 6:30 pm

Reception with Exhibitors

6:00 pm - 7:00 pm

Storytelling Open Mic

8:00 pm - 10:30 pm

CancerCon Nights

Stupid Cancer's 15th Birthday Party

SUNDAY, JUNE 12

8:00 am - 9:00 am

Breakfast with Exhibitors

9:00 am - 10:30 am

Breakout 5*

- Engaging AYAs: Bridging the Gap to Include AYAs in Research & Trials
- Helping Kids Cope with Their Parent's Cancer
- Mindset of Survivorship: Authentically Owning an Empowered Survivor Experience
- What's Next? School and Work After Cancer and COVID

10:45 am - 12:15 pm

Breakout 6*

- COVID-19 and Cancer: Reflecting on the Pandemic and Mapping the Road Ahead
- Imposter Syndrome During AYA Cancer Survivorship
- Living Single with Cancer
- Therapeutic Cannabis and Cancer

12:15 pm - 1:15 pm

Lunch with Exhibitors

1:30 pm - 2:30 pm

General Session

Official Closing to CancerCon Live 2022

Session times and schedule are subject to change. All times in Central Time.

*See Pages 4 - 9 for session descriptions.

Breakout 1

Friday, June 10

3:30 pm - 5:00 pm

<p>A Hidden Pandemic: Black Grief in the Oncology Setting</p>	<p>The COVID-19 pandemic led to an unprecedented death toll among Black Americans, leaving a disparate impact on black grief and loss. This presentation aims to increase awareness of the risks and consequences of the COVID-19 pandemic on the lives of Black cancer patients as well as to identify some contributing factors which lead to disparities in mental health and grief within this community. Join this session to discuss the impact of racial inequities and learn strategies that can be utilized by health care professionals to support Black patients.</p>
<p>Caring Community: Building Support for Caregivers</p>	<p>When you are the caregiver to an AYA patient, it can be hard to balance caring for your loved one and taking time for yourself. Whether you're caring for a romantic partner, child, sibling, family member, or friend, you need a community of caregivers to support your own journey. Join your caregiving peers in small groups to discuss your successes, concerns, or frustrations, and discover that you are not alone.</p>
<p>Loving Your Body: Finding Acceptance After "Betrayal"</p>	<p>Seeing sudden changes to your body after cancer treatment can be traumatizing and the effects can be long-lasting or permanent. So how do you learn to accept, and even love, your body after you feel it has betrayed you? How does body image affect the way you see yourself, your partner, or other relationships? In this session, hear from survivors who have found a newfound love and appreciation for their bodies after cancer and then join in a discussion to share your own experiences.</p>
<p>Self Advocacy 101: Play an Active Role in Your Cancer Care</p>	<p>Fear, anxiety, and feeling of loss of control are all associated with a cancer diagnosis. Through self-advocacy, you can play an active role in your care and recovery and take back your power. Join this interactive session to empower yourself with the tools, information, and skills you need to become your own best advocate.</p>



Breakout 2

Saturday, June 11

10:30 am - 12:00 pm

<p>...And Now I Go Back to Work? Communicating Effectively in the Workplace</p>	<p>It can feel overwhelming thinking about going back to work after a cancer diagnosis – whether you've been away from your job for a year, or only an afternoon. Understanding how to best communicate with coworkers and supervisors can be nuanced and require strategy. This session will help you to think through your communication style, understand how disclosure decisions can shape ways to communicate at work, and provide tips and techniques for ensuring a comfortable workplace experience.</p>
<p>Cancer as Work: A Space for Nonprofit & Healthcare Professionals</p>	<p>Whether you work as an advocate, a nonprofit professional, a healthcare provider, or an industry partner, when it's your job to support those with cancer, there are lots of unique challenges and stressors. This working session will allow for professionals in the AYA oncology space to join together across disciplines to collaborate and share solutions.</p>
<p>From Day One: Planning Your Survivorship Care</p>	<p>The decision about when to call yourself a "survivor" varies between cancer patients, but the National Cancer Institute defines cancer survivorship from the date of diagnosis. Therefore, the focus on survivorship care planning should start from the beginning and continue throughout treatment and beyond. This presentation will explore the process of creating and sharing a survivorship care plan, show why it's so important to have one, and shed light on the research on the disparities and gaps in survivorship care for young adult cancer patients.</p>
<p>Man Enough for Cancer? Transcending Toxic Masculinity & Finding Support</p>	<p>Battling cancer is a hard time for everyone, but given societal pressures to "stay strong" and the underrepresentation of men in cancer support spaces, being an AYA male can be a particular challenge. This discussion will be an opportunity for male-identifying survivors to talk about their struggle to overcome toxic messages of masculinity in order to accept physical and emotional help.</p>

Breakout 3

Saturday, June 11

2:00 pm - 3:30 pm

<p>Anticipatory Grief</p>	<p>As a cancer caregiver, it can be hard to not think about the future and what it may or may not hold. In doing so, it is common for caregivers to experience anticipatory grief, in which you mourn the loss of your loved one while they are still here as well as grieve the future that is no longer available to you. In this discussion session, we will dig into this term, talk about how and when these feelings emerge for us, and explore how we can cope when they do.</p>
<p>Cancer in the Bedroom: Sex & Intimacy</p>	<p>You may be frustrated by disruptions to your sex life during and after cancer treatment, but there are interventions and tools that can help you regain confidence and increase pleasure. This dynamic panel presentation will share approachable tools and strategies to address the physical and emotional aspects of intimacy and sex after cancer.</p>
<p>Coping with Loneliness, Fear, & Anxiety</p>	<p>The cancer experience is often characterized by loneliness, fear, and anxiety. Upon diagnosis, there are many challenges and uncertainties that can leave you feeling isolated and scared. This session will address the impact of loneliness, fear and anxiety on the patient experience, identify strategies for coping with these feelings when they arise, and provide an opportunity to share and connect with your peers.</p>



Breakout 4

Saturday, June 11

4:00 pm - 5:30 pm

<p>Finding Meaning & Creating Legacy</p>	<p>Every AYA has a unique experience with cancer. Finding meaning through your cancer diagnosis can help patients, especially those with metastatic or chronic cancer, cope with the challenges and limitations you may face along the way. This workshop will offer a unique way for AYAs to explore meaning and create a story of legacy using vision boarding and small group discussion.</p>
<p>Healing from Post-Traumatic Stress Disorder: Trauma Therapy, Post-Traumatic Growth, Psychedelics & More</p>	<p>You finished your last dose of chemotherapy, your last course of radiation, or your final surgery and thought the hard part was over — only to find a new struggle in front of you. What do you do if you feel like you're "surviving" but not quite living? PTSD after cancer is common, but many cancer survivors don't seek out help because they don't recognize the signs and symptoms in themselves or don't know how to get the help they need. In this session you will learn how the cancer experience can cause PTSD, how to identify the signs and symptoms of PTSD in yourself, and how to get the right kind of help so you can recover from cancer not just physically, but emotionally.</p>
<p>Understanding Your Rights and Advocating for Yourself as an LGBTQI2S+ Cancer Patient</p>	<p>LGBTQI2S+ identifying cancer patients, survivors, and caregivers face unique practical and legal issues that can impact health care, access to health insurance, estate planning, and medical decision-making. In this interactive session, learn about the steps you can take to be better prepared legally. Then, join the conversation to explore how to advocate for appropriate and inclusive care, workshop how to talk with and interview medical professionals, and share in community with your peers.</p>

Breakout 5

Sunday, June 12

9:00 am - 10:30 am

<p>Engaging AYAs: Bridging the Gap to Include AYAs in Research & Trials</p>	<p>There is a growing consensus that meaningful engagement from patient stakeholders is critical to improving outcomes, but patient engagement in research is not a universal standard practice and the proportion of AYAs taking part in clinical trials has decreased over the past decade. This dual presentation will first address how to best engage AYA stakeholders in the development and dissemination of academic research and then discuss the benefits of and barriers to enrolling AYAs in clinical trials.</p>
<p>Helping Kids Cope with Their Parent's Cancer</p>	<p>Seeing yourself as a successful parent is hard enough at the best of times, but with cancer it can feel impossible. If you've ever wondered "How am I supposed to talk to them about this?" or "How do I make sure I don't scar them for life?" you are not alone. Join this discussion with other young parents to explore the do's and don'ts for talking to your kids about cancer, strategies for helping them cope, and how to maintain your sense of worth as a successful parent during a time when it's easy to feel otherwise.</p>
<p>Mindset of Survivorship: Authentically Owning an Empowered Survivor Experience</p>	<p>The mind is a powerful thing...how are your thoughts treating you in your survivorship? For many, the mindset of survivorship can become debilitating in personal and professional life. In this workshop session, learn and practice strategies to prioritize, vocalize, and emphasize your desired mindset and relationship with your survivorship in order to establish habits that can help you authentically own your experience so you can be empowered by, instead of debilitated by, the realities of AYA cancer survivorship.</p>
<p>What's Next? School and Work After Cancer and COVID</p>	<p>The transition into school and/or your first job is usually tricky, but if you're a Gen Z cancer patient or survivor, the past couple of years have been a truly wild ride. This workshop session will share important information you need to be successful at school and in your early job hunt and help you set goals for your future during a time of instability and the changing landscapes of working and learning.</p>

Breakout 6

Sunday, June 12

10:45 am - 12:15 pm

<p>COVID-19 and Cancer: Reflecting on the Pandemic and Mapping the Road Ahead</p>	<p>Unsurprisingly, research on AYA cancer patients and survivors has demonstrated that the pandemic has heightened health and psychosocial challenges. In this session, learn about key research findings on the gaps, challenges, and opportunities presented by the pandemic and join in a discussion about how patients/survivors, family members/caregivers, and health care professionals can promote health management and improve the quality of life in the Covid era.</p>
<p>Imposter Syndrome During AYA Cancer Survivorship</p>	<p>Have you ever felt like you're "failing" at being a cancer survivor? This session will address imposter syndrome in the context of AYA cancer, discussing how common insecurities can creep into your subconscious and effect identity development during survivorship. Learn how to reframe these negative thoughts and join in a discussion about how you have navigated them in your treatment and survivorship.</p>
<p>Living Single with Cancer</p>	<p>Whether you're trying to date or happily solo, there are unique struggles to single survivorship. Join this open and honest discussion session to share your frustrations, successes, and experiences with other survivors who understand what it's like to fly solo as an AYA with cancer.</p>
<p>Therapeutic Cannabis and Cancer</p>	<p>Cannabis is a plant with therapeutic potential that has been shown to help people with cancer. Join this session to learn more about the scientific evidence on how cannabis can help treat the symptoms of cancer, practical information about what to expect if you decide to try cannabis, and how you find products that may work for you.</p>