



Resource Guide

Social Support

Check out these other organizations that can help provide support on specific issues that impact the adolescent and young adult cancer community.



4thangel.ccf.org

4th Angel

4th Angel Provides free and confidential telephone or e-mail support to cancer patients and their caregivers. Trained mentors, who are cancer survivors themselves or caregivers, offer guidance and support.



cancer.org/about-us/local

American Cancer Society

Aside from what you may already know, ACS has more than 3400 local community chapters who provide support, financial assistance and counseling for anyone affected by cancer.



AnCan

AnCan is about people helping people, peer-to-peer. We are people living with various conditions and situations who help others faced with similar issues. We do this collectively and individually by providing answers, support and navigation to empower people living with serious and chronic conditions to address their worlds.



Beads of Courage

Beads of Courage provides innovative Arts-in-Medicine programs for children and youth coping with serious illness, their families, and the clinicians who care for them and is also committed to support Adolescents and Young Adults with Cancer through these artforms and programs.



cancerdudes.org

Cancer Dudes

Cancer Dudes empowers men to thrive after cancer. We provide educational resources and real-world, hard-won advice from fellow survivors and other men to help those currently facing cancer a path forward.



cancerhopenetwork.org

Cancer Hope Network

Cancer Hope Network matches cancer patients and their loved ones with cancer survivor volunteers, serving those affected in the United States and Canada.



cancersupportcommunity.org

Cancer Support Community

Professional support services for anyone affected by cancer with an emphasis on quality-of-life survivorship issues.



cwa.life

Cancer Warrior Alliance

The Cancer Warrior Alliance delivers cancer support resource information to the cancer community by building relationships with and providing resource information to clinics, hospitals and those affected by cancer, and informing and empowering everyone in the cancer community to obtain resources and attend support and information events.



CANCERCare®

cancercare.org/tagged/young_adults

CancerCare [for Young Adults]

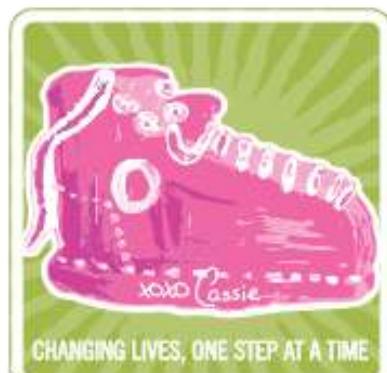
Professional counseling, facilitated peer support groups, creative workshops and financial assistance for young adults with cancer.



cancerfightclub.com

CancerFightClub

Canada's largest bilingual online resource for young adults, caregivers, family and friends. It provides instant access to the resources and support services that help guide you through your cancer experience. The online community puts you in touch with other members, their stories and knowledge, and the support you need in your fight.



cassiehinesshoescancer.org

The Cassie Hines Shoes Cancer Foundation

CHSCF helps young adults diagnosed with cancer between the ages of 16-30 connect with each other through peer support groups and cancer camps. If travel expenses are not covered by the camp or support group, our foundation will fund that amount through our application process.



dearjackfoundation.org

Dear Jack Foundation

The Dear Jack Foundation addresses the physical and emotional needs of AYA cancer patients and survivors. One-on-one patient outreach and peer-to-peer group wellness programs empower patients and survivors in their healing and provide assurance that they are not alone in their cancer journey.



elephantsandtea.com

Elephants and Tea

Elephants and Tea is a media company with the mission to help adolescent and young adult (AYA) patients, survivors and caregivers experience relief through self-expression, inspiring others during their cancer journey and connecting people with supportive organizations across the nation. It has the only magazine written for and by AYA cancer patients, survivors and caregivers telling their story in their own words.



friend4life.org

Friend for Life Cancer Support Network

Confidential and cost free one-on-one support of newly diagnosed and/or loved ones with trained survivors of the same cancer and treatment.



letsfcancer.com

Fuck Cancer

Fuck Cancer is dedicated to prevention, early detection and providing emotional support and guidance to those affected by cancer. The organization runs digital and on-the-ground programs and events that seek to change the way people think and talk about cancer, ultimately improving health outcomes.



letsfcancer.com/careline

Fuck Cancer Careline

Fuck Cancer Careline offers free patient navigation services for patients and caregivers. Their bilingual case managers can help you navigate financial, insurance, legal, medical, and psychosocial challenges, among other things.



grythealth.com

GRYT Health

GRYT Health, a digital health company, helps ensure that cancer patients, survivors and caregivers have the information to choose what's right for them at every step of the journey.

H O P E L Δ B

hopelab.org/product/vivibot

Hope Lab

Combines rigorous research with innovative solutions to improve the health and quality of life of young people with chronic illness.



imermanangels.org

Imerman Angels

A "one-on-one cancer support service" that connects a person fighting cancer with a survivor who has beaten the same type of cancer.



lacunaloft.org

Lacuna Loft

Online support for young adult cancer patients, survivors, and caregivers to help empower them to thrive in a new normal.



lendinghearts.org/youngadultcancersupport

Lending Hearts

The Lending Hearts Young Adult Integrative Oncology Wellness Program is a free and comprehensive program for young adults (up to the age 39) living with cancer or in remission and their families. They offer wellness classes, emotional support, and other activities and events that support you and your family's whole health.



lifewithcancer.org

Life with Cancer

Offers free educational classes and consultations, support groups, counseling, and mind-body/wellness programs designed to help those affected by cancer understand and live with its impact.



livestrong.org

LIVESTRONG

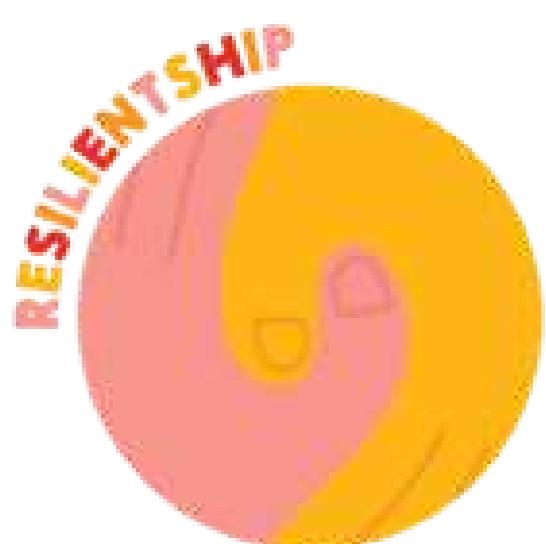
Survivorship advocacy, support materials, grant-assistance, online community forums and national visibility to motivate and educate anyone affected by cancer.



[livingwellcrc.org/forms/
support-services](http://livingwellcrc.org/forms/support-services)

LivingWell Cancer Resource Center

LivingWell exists to provide compassionate care that empowers, encourages, supports, and offers hope to patients with cancer and their families.



resilientship.com

Resilientship

Resilientship is an online platform that brings together young women in a one-on-one model who are facing the unique challenges brought on by a cancer diagnosis. The process is simple. You share a few details about yourself with us, and we will work to find you a match. Once we put you in touch with your new friend, your Resilientship begins. By walking with those who are on the same journey as you, our hope is that your Resilientship serves as a unique source of strength and that you are empowered by knowing the fight together is stronger than the fight alone.



teenagecancertrust.org

Teenage Cancer Trust

Focuses on the needs of teenagers and young adults with cancer by providing dedicated teenage units in local hospitals in the UK.



cancer-network.org

The National LGBT Cancer Network

Addressing the needs of gay, lesbian, bisexual and transgender people with cancer and those at risk.



ulmanfoundation.org

Ulman Foundation

Supporting, educating and connecting young adults affected by cancer through on-line resources, college scholarships, advocacy and awareness, meet ups and support groups.



vitaloptions.org

Vital Options

Vital Options International is a global health foundation focused on supporting the financial needs of patients and giving patients a voice. Vital Options is also committed to giving a voice to patients, caregivers, families and healthcare professionals through our award-winning Vital Conversations and Advocacy In Action programs. This blend of patient stories and insights from healthcare professionals provides patients and their families valuable guidance to the treatment and support they need.



walkwithsally.org

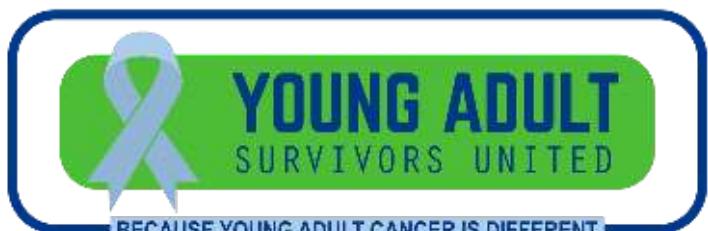
Walk With Sally

Walk With Sally provides hope through our individualized mentoring and community support services to empower children experiencing trauma through a parent, guardian or sibling's cancer journey.



Young Adult Cancer Canada

Online community forums, survivor retreats, discussion rooms, blogs and informational links for adolescents and young adults with cancer.



yasurvivors.org

Young Adult Survivors United

YASU provides emotional, social, and financial support to young adult cancer survivors and co-survivors via support groups, uplifting activities, and regional financial assistance to survivors in Western PA.